

Total Recommendations	182
Winning Recommendations	170
Losing Recommendations	12
Win/Loss Ratio	93%

Premium Yield Based on 1 Contract	per Every Trade	2,258
Premium Yield Based on 5 Contract	per Every Trade	11,290
Premium Yield Based on 10 Contract	per Every Trade	22,580
Premium Yield Based on 15 Contract	per Every Trade	33,870
Premium Yield Based on 20 Contract	per Every Trade	45,160

Past results are not indicative of future performance.

Semi Weekly Trade = Semi Weekly Credit Spread = CS
 Weekly Trade = Weekly Debit Spread = DS

Recommen	Expiration		Ticker	Quote	Strike	Put	Sell	Buy	Net Per Contract
12/25/20	12/31/20	Semi Weekly	SPX	3698	3645/3640	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3739	3685/3680	Put	0.25	0.00	25.00
12/17/20	12/24/20	Semi Weekly	SPX	3692	3610/3605	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3698	3605/3600	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3705	3675/3670	Put	0.25	0.00	25.00
12/10/20	12/18/20	Semi Weekly	SPX	3665	3600/3595	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3665	3580/3575	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3695	3645/3640	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3706	3645/3640	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3713	3680/3675	Put	0.25	0.00	25.00
12/03/20	12/11/20	Semi Weekly	SPX	3691	3640/3635	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3703	3665/3660	Put	0.25	0.00	25.00

11/28/20	12/04/20	Semi Weekly	SPX	3635	3580/3575	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3624	3550/3545	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3662	3610/3605	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3658	3585/3580	Put	0.25	0.00	25.00
11/21/20	11/27/20	Semi Weekly	SPX	3571	3495/3490	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3629	3595/3590	Put	0.25	0.00	25.00
11/14/20	11/20/20	no trades this week							
11/07/20	11/13/20	no trades this week							
10/31/20	11/06/20	no trades this week							
10/22/20	10/30/20	Semi Weekly	SPX	3454	3380/3375	Put	0.25	0.00	25.00
10/15/20	10/23/20	Semi Weekly	SPX	3503	3440/3435	Put	0.25	3.50	(325.00)
		Semi Weekly	SPX	3427	3325/3320	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3456	3380/3375	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3453	3360/3355	Put	0.25	0.00	25.00
10/08/20	10/16/20	Semi Weekly	SPX	3481	3425/3420	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3543	3520/3515	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3545	3470/3465	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3511	3480/3475	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3488	3420/3415	Put	0.25	0.00	25.00
10/01/20	10/09/20	Semi Weekly	SPX	3358	3275/3270	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3394	3305/3300	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3405	3375/3370	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3416	3320/3315	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3442	3385/3380	Put	0.25	0.00	25.00
09/24/20	10/02/20	Semi Weekly	SPX	3280	3195/3190	Put	0.25	0.00	25.00

		Semi Weekly	SPX	3338	3245/3240	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3363	3245/3240	Put	0.25	0.00	25.00
09/19/20	09/25/20	Semi Weekly	SPX	3317	3235/3230	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3281	2970/2965	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3245	3125/3120	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3257	3205/3200	Put	0.25	0.00	25.00
09/12/20	09/18/20	Semi Weekly	SPX	3326	3225/3220	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3392	3365/3360	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3391	3260/3255	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3414	3340/3335	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3398	3320/3315	Put	0.25	0.50	(25.00)
		Semi Weekly	SPX	3332	3235/3230	Put	0.25	0.00	25.00
09/05/20	09/11/20	Semi Weekly	SPX	3426	3325/3320	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3360	3260/61.72	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3391	3345/3340	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3420	3310/3305	Put	0.25	0.00	25.00
08/29/20	09/04/20	Semi Weekly	SPX	3500	3455/3450	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3519	3475/3470	Put	0.25	3.00	(275.00)
08/22/20	08/28/20	Semi Weekly	SPX	3421	3410/3405	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3421	3370/3365	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3493	3440/3435	Put	0.25	0.00	25.00
08/15/20	08/21/20	Semi Weekly	SPX	3383	3330/3325	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3383	3335/3330	Put	0.25	0.00	25.00
08/08/20	08/14/20	Semi Weekly	SPX	3356	3290/3285	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3384	3315/3310	Put	0.25	0.00	25.00
08/01/20	08/07/20	Semi Weekly	SPX	3225	3165/3160	Put	0.25	0.00	25.00

	Semi Weekly	SPX	3295	3275/3270	Put	0.25	0.00	25.00	
	Semi Weekly	SPX	3297	3225/3220	Put	0.25	0.00	25.00	
	Semi Weekly	SPX	3328	3270/3265	Put	0.25	0.00	25.00	
	Semi Weekly	SPX	3331	3210/3205	Put	0.30	0.00	30.00	
07/25/20	07/31/20	Semi Weekly	SPX	3213	3155/3150	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3228	3205/3200	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3233	3155/3150	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3222	3165/3160	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3242	3180/3175	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3226	3195/3190	Put	0.25	0.00	25.00
07/18/20	07/24/20	Semi Weekly	SPX	3222	3155/3150	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3231	3205/3200	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3246	3180/3175	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3260	3230/3225	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3266	3190/3185	Put	0.25	0.00	25.00
07/11/20	07/17/20	Semi Weekly	SPX	3175	3110/3105	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3184	3085/3080	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3223	3185/3180	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3222	3140/3135	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3208	3150/3145	Put	0.30	0.00	30.00
07/04/20	07/10/20	Semi Weekly	SPX	3179	3105/3100	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3153	3130/3125	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3153	3065/3060	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3147	3085/3080	Put	0.25	0.00	25.00
06/27/20	07/03/20	Semi Weekly	SPX	3042	3010/3005	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3074	3000/2995	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3112	3085/3080	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3112	3040/3035	Put	0.30	0.00	30.00

06/20/20	06/26/20	Semi Weekly	SPX	3107	3005/3000	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3112	3080/3075	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3106	3000/2995	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3150	3075/3070	Put	0.25	0.00	25.00
06/13/20	06/19/20	Semi Weekly	SPX	3024	2875/2870	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3071	2945/2940	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3131	3025/3020	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3133	3035/3030	Put	0.25	0.00	25.00
06/06/20	06/12/20	Semi Weekly	SPX	3201	3135/3130	Put	0.35	0.00	35.00
		Semi Weekly	SPX	3215	3130/3125	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3220	3145/3140	Put	0.30	0.00	30.00
		Semi Weekly	SPX	3205	3105/3100	Put	0.25	2.50	(225.00)
05/30/20	06/05/20	Semi Weekly	SPX	3045	3015/3010	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3045	2950/2945	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3120	3040/3035	Put	0.25	0.00	25.00
		Semi Weekly	RUT	1454	1390/1385	Put	0.25	0.00	25.00
05/21/20	05/29/20	Semi Weekly	SPX	3014	2990/2985	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3014	2955/2950	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3018	2930/2925	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3060	2990/2985	Put	0.25	0.00	25.00
05/14/20	05/22/20	Semi Weekly	SPX	2951	2920/2915	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2949	2855/2850	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2972	2880/2875	Put	0.25	0.00	25.00
05/07/20	05/15/20	Semi Weekly	SPX	2942	2870/2865	Put	0.25	5.00	(475.00)
		Semi Weekly	SPX	2900	2835/2830	Put	0.25	5.00	(475.00)
04/30/20	05/08/20	Semi Weekly	SPX	2884	2805/2800	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2855	2795/2790	Put	0.25	0.00	25.00

04/23/20	05/01/20	Semi Weekly	SPX	2874	2845/2840	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2886	2790/2785	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2909	2835/2830	Put	0.25	2.50	(225.00)
04/18/20	04/24/20	Semi Weekly	SPX	2840	2715/2710	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2848	2810/2805	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2836	2695/2690	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2754	2645/2640	Put	0.35	0.00	35.00
		Semi Weekly	SPX	2795	2750/2745	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2808	2685/2680	Put	0.35	0.00	35.00
		Semi Weekly	RUT	1205	1130/1125	Put	0.35	0.00	35.00
		Semi Weekly	SPX	2805	2715/2710	Put	0.30	0.00	30.00
04/11/20	04/17/20	Semi Weekly	SPX	2743	2700/2695	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2760	2620/2615	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2840	2745/2740	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2781	2660/2655	Put	0.30	0.00	30.00
04/04/20	04/10/20	Semi Weekly	SPX	2469	2330/2325	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2626	2585/2580	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2626	2465/2460	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2724	2585/2580	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2711	2650/2645	Put	0.30	0.00	30.00
		Semi Weekly	SPX	2742	2620/2615	Put	0.25	0.00	25.00
		Semi Weekly	SPX	2781	2735/2730	Put	0.25	0.00	25.00
03/28/20	04/03/20	Semi Weekly	SPX	2566	2375/2370	Put	0.35	0.00	35.00
		Semi Weekly	SPX	2622	2405/2400	Put	0.35	0.00	35.00
		Semi Weekly	SPX	2469	2420/2415	Put	0.25	0.00	25.00
03/21/20	03/27/20	SEE Weekly	SPX	2193	1750/1700	Put	0.50	0.00	50.00
		Weekly	SPX	2216	1925/1900	Put	1.50	0.00	150.00
		Weekly	SPX	2592	2400/2395	Put	0.30	0.00	30.00

03/14/20	03/20/20	Weekly	SPX	2496	2420/2415	Put	1.35	0.00	135.00
		Weekly	SPX	2496	2305/2300	Put	1.00	0.00	100.00

03/07/20 03/13/20 **NO TRADES THIS WEEK - Corona Virus**

02/29/20	03/06/20	Weekly	SPX	3130	2955/2950	Put	0.25	0.00	25.00
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02/22/20	02/28/20	Semi Weekly	SPX	3340	3280/3275	Put	0.35	2.50	(215.00)
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02/15/20	02/21/20	Semi Weekly	SPX	3371	3325/3320	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3374	3345/3340	Put	0.25	0.00	25.00
		Semi Weekly	RUT	1696	1675/1670	Put	0.3	0.00	30.00
		Semi Weekly	SPX	3389	3360/3355	Put	0.4	2.81	(241.00)
		Semi Weekly	SPX	3354	3310/3305	Put	1.4	0.00	140.00

02/08/20	02/14/20	Semi Weekly	SPX	3328	3290/3285	Put	0.4	0.00	40.00
		Semi Weekly	SPX	3345	3300/3295	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3366	3335/3330	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3374	3330/3325	Put	0.25	0.00	25.00
		Semi Weekly	SPX	3380	3350/3345	Put	0.25	0.00	25.00

02/01/20	02/07/20	Semi Weekly	SPX	3327	3275/3270	Put	0.35	0.00	35.00
		Semi Weekly	SPX	3345	3310/3305	Put	0.35	0.00	35.00

01/25/20	01/31/20	Semi Weekly	SPX	3299	3245/3240	Put	0.3	1.37	(107.00)	
		Semi Weekly	SPX	3280	3235/3230	Put	0.35	0.00	35.00	
		CORONA VIRUS	Semi Weekly	SPX	3287	3265/3260	Put	0.35	0.00	35.00
		Semi Weekly	SPX	3281	3220/3215	Put	0.35	0.00	35.00	
		Semi Weekly	RUT	1650	1615/1610	Put	0.3	0.94	(64.00)	

01/18/20	01/24/20	Semi Weekly	SPX	3322	3300/3295	Put	0.4	0.00	40.00
		Semi Weekly	SPX	3328	3305/3300	Put	0.3	0.00	30.00
		Semi Weekly	SPX	3330	3290/3285	Put	0.35	0.00	35.00

		Semi Weekly SPX	3323	3300/3295 Put		0.35	0.00	35.00
		Semi Weekly RUT	1684	1660/1655 Put		0.25	0.00	25.00
01/11/20	01/17/20	Semi Weekly SPX	3266	3240/3235 Put		0.35	0.00	35.00
		Semi Weekly SPX	3282	3255/3250 Put		0.4	0.00	40.00
		Semi Weekly SPX	3288	3265/3260 Put		0.35	0.00	35.00
		Semi Weekly SPX	3298	3285/3280 Put		0.4	0.00	40.00
		Semi Weekly SPX	3283	3255/3250 Put		0.35	0.00	35.00
		Semi Weekly SPX	3305	3285/3280 Put		0.35	0.00	35.00
01/04/20	01/10/20	Semi Weekly SPX	3232	3160/3155 Put		0.35	0.00	35.00
		Semi Weekly SPX	3240	3200/3195 Put		0.30	0.00	30.00
		Semi Weekly SPX	3238	3210/3205 Put		0.3	0.00	30.00
		Semi Weekly SPX	3266	3235/3230 Put		0.4	0.00	40.00
		Semi Weekly RUT	1669	1645/1640 Put		0.4	0.00	40.00
		Semi Weekly SPX	3270	3245/3240 Put		0.35	0.00	35.00
12/28/19	01/03/20	Semi Weekly SPX	3243	3225/3220 Put		0.40	2.50	(210.00)

25	
56,450	1
	5
	10
	15
	20